# Weekly activities program

| Time | Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 | Satruday 10 | Sunday 11 | Monday 12 |
|---|---|---|---|---|---|---|---|---|
| 7h | | | | | Maple products stand | | | |
| | | | Unofficial | Official | Centre MultiSports Rolland-Dussault | | | |
| 8h | | | Training sessions | Training sessions | | | | |
| | | | (9h) | (9h) | | | | |
| 9h | | | Technical | | | | Competitions | |
| | | | Conference | | | | (9h) | City guided tour |
| 10h | | | (9h to 16h) | | | Competitions | | (38 people) |
| | | | Delta | | | (10h) | | |
| 11h | | Unofficial | + | | | | | |
| | | Training sessions | speed skating | | Competitions | | | |
| 12h | | (9h) | equipment stand | | (12:30) | | | |
| | | | | | School day | | | |
| 13h | | | | Skating on ice | | | | |
| | | City guided tour | | City guided tour | | | | |
| 14h | | (38 people) | | (38 people) | | | | |
| | | | | | | | | |
| 15h | | Unofficial | | Popular day | | | | |
| | | Training sessions | | Cité des rivières | | | | |
| 16h | | (til 19h) | Unofficial | 13h to 18h | | | | |
| | | | Training sessions | CPVS demo | | | | |
| 17h | | | (til 17h) | | | | | |
| | | | | | | | | |
| 18h | | | Rallye Gourmet | Welcome Cocktail | Opening | | | |
| | | | Centre-Ville | Delta | ceremony (18h) | ISU Dinner | Closing | |
| 19h | | | Sherbrooke | 18h to 20h | | Restaurant | BANQUET | |
| | | | Karaoke | Karaoke | | Auguste | Cocktail 18h30 | |
| 20h | | | night | night | | | Dinner 19h30 | |
| | | | athletes | athletes | | | Award ceremony | |
| 21h | | | | | | | Groupe Swing show: 21h | |
| | | | | | | | DJ: 22h30 to 0h00 | |
| 22h | | | | | | | Granada theater | |
| | | | | | | | | |
| 23h | | | | | | | | |
| | | | | | | | | |